

February 6, 2026
19 Shevat 5786



Rabbi Tzvia Jasper

Guest Speaker
Erin Kade Greenbaum



Temple Ohev Sholom

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Shabbat Services - Fridays at 6pm

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Temple Office & Sisterhood Gift Shop

Open Monday—Friday 9am—5pm

Religious School

Sundays 9:30am-noon

YouTube Channel

[@TempleOhevSholomHbgPA](https://www.youtube.com/@TempleOhevSholomHbgPA)



Thank you for joining us for services!

If you'd like to make a contribution to support the Temple simply use this QR code

Special Guest: Erin Kade Greenbaum, Planned Parenthood Keystone

Erin Kade Greenbaum has worked in and around nonprofits for almost 20 years. As Vice President of Development at Planned Parenthood Keystone, she gets to do what she loves—meeting and talking to people and helping them do good.

She joined PPKeystone after seven years at HIAS, a global refugee and humanitarian organization. She brings a broad range of subject matter expertise on a range of social issues, from affordable housing and micro-loans, to digital literacy and education, to social services and criminal justice reform.

Erin has previously worked in corporate philanthropy at Morgan Stanley and Goldman Sachs and held positions in nonprofit fundraising and consulting.

Originally from Miami, Erin graduated from Columbia University with a B.A. in American Studies. She also earned a Master's degree in Jewish Education and a Bachelor's degree in Jewish Music from the Jewish Theological Seminary of America. A longtime New Yorker, Erin now lives in the Philadelphia suburbs with her family.

THANK YOU! Tonight's **Bema Flowers** were provided by Sherry Rosenstrauch & tonight's **Oneg** was sponsored by Margorie Sherman



Mi Shebeirach List

Larry Barnes
Arnold Jay Baum
Rob Brenner
Teresa Dorritie
Tracey Dukert
Lois Galowitz
Joan Gibson
Linda Goldstein

Andy Gordon
David Groft
Pastor Earl Harris
Jennifer F Jones
Honi Kibler
Deborah Nelson
Steve Nieman
Lisa Nyabinghi

John O'Dea
Miriam Robinson
Laurie Shepler
Nathan Snyder
Dianne Tankle
Arlene Yoffe

Kaddish List

Sophia Aronson
Harold J. Astrich
Sarah Disend
Rose Epstein
John Feldman
Sue Frahm
David Gaynes

Jeanne G Hartford
William L. Kanenson
Ella Lehrman
Wilma Levy
Leon Lowengard
Harry Lowengard
Rebecca Menaker

Jean Migatz
Marcia Nornhold
Henry Scheier
Mervin Silver
Jack E. Spector
William Spitalny

Shloshim

Don Lynch, *husband of Cindy*
Israel Schwab, *husband of Elaine*

Shiva

Dr. Robert M. Cohen, *Father of Elissa Arch*

THE GREAT BACKSLIDE BY TRET FURE

It's my body
It's my life
It's my choice
On my own time
Wasn't for you
To ever decide
Cause here we are now
In the great backslide

These are my hands
Strong and fine
They've carried me
Through all these time
Whether in prayer
Or holding the line
They can't be tied to
The great backslide

Don't presume
To have an answer
In my world
You're not a dancer
You see things as
black and white
Mostly white, mostly white,
so sure you're right

These are my thoughts
These are my dreams
Through all these time
They've carried me
Whether in solitude
Or side by side
We can't succumb to
The great backslide

It's my body
It's my right
It's my choice
On my own time
Wasn't for you
To ever decide
Cause here we are now
In the great backslide
Whether in solitude
Or side by side
We can't succumb to
The great backslide

B'tzelem Elohim Iyyun by Rabbi Jasper

Praised are You the one of many names.
All encompassing, you reflect each of us, as we are, when we are.
Tonight, you are my Divine Mother.
And I praise ech day you have renewed your spirit within me!
B'tzelem Elohim, in Your image was I created.
My flowing locks, and gentle curves,
My steadfast love and determination –
These are reflections of You, my Creator.
Holy Shekinah, oh feminine spirit, I bless this unique soul,
Which you breathe into existence each day.
And with my complete body,
I thank You, my Divine Mother,
for making me as I am,
Capable and strong.
Your womb forms creation,
And Your bosom nurtures change.
Bless me Mother, with the same strength.
Praised are You, for all eternity,
O Mother of Adam and Eve.

Roll into Dark

by Noam Katz

Roll into dark, roll into light
Night becomes day, day turns to night
Roll into dark, roll into light
Night becomes day, day turns to night

Borei yom va-lailah, goleil or mipnei choshech
Go-leil or mipnei choshech v'choshech mipnei or



A Prayer for Repro Shabbat

God of our ancestors — *Elohei Emoteinu v'Avoteinu* —

We affirm that You have created each of us in Your sacred image, endowed with the inherent right to dignity and autonomy.

We ask that You guide us towards a caring and loving community and nation that reveres this dignity in each of us.

We affirm that reproductive freedom — the sacred right to own the personhood of one's own body — is a fundamental part of the just society for which we strive in Your name.

We ask that You endow us with the strength and resolve we need because the path that lies ahead is challenging, and we all need resilience, strength, and courage.

We ask that You protect the most impacted and marginalized among us, because it is they who are most at risk.

We do this work in Your name, O God, because we are the compassionate, loving creations of a compassionate, loving, and just God. It is holy, sacred work.

May our country become a place of liberty and justice for all, and may our care for one another include care and respect for each other's right to good and affordable healthcare, including abortion care, and the right to live safely and securely as we each follow our path of conscience and the God we each do or do not believe in.

AMEN.



A Prayer for our Country

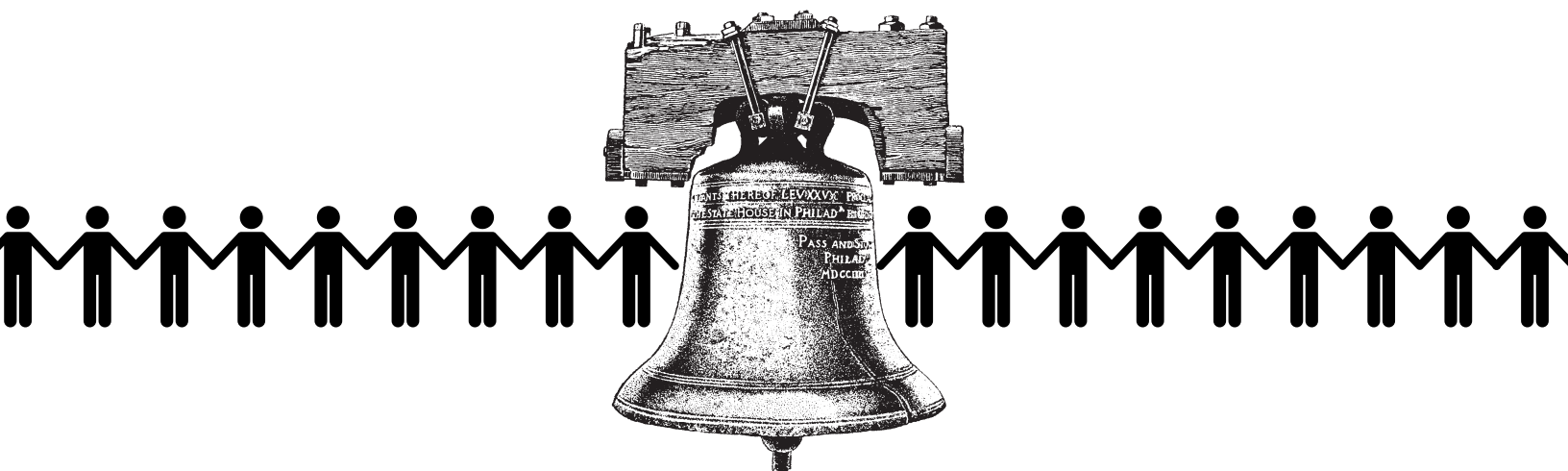
by Rabbi David Lyon

God of holiness, we hear Your message: Justice, justice, you shall pursue (Deut. 16).
God of freedom, we hear Your charge: Proclaim liberty throughout the land (Lev. 25).
Inspire us through Your teachings and commandments to love, and uphold our precious democracy. Let every citizen take responsibility for the rights and freedoms we cherish. Let each of us be an advocate for justice, an activist for liberty, a defender of dignity. And let us champion the values that make our nation a haven for the persecuted, a beacon of hope among the nations.

May our actions reflect compassion for all people within our borders and abroad. May our leaders and officials embody the vision of our founders: to form a more perfect Union, establish Justice, ensure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity.

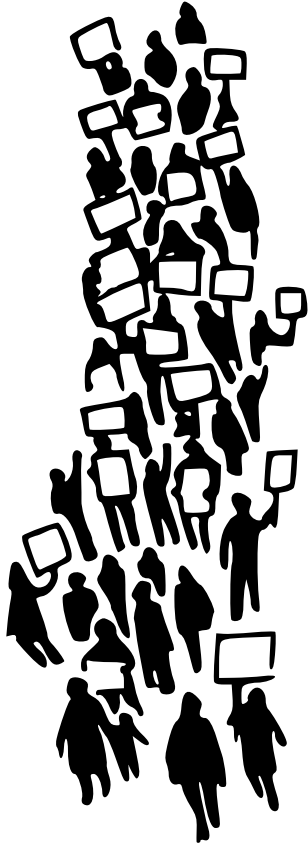
We pray for courage and conscience as we aim to support our country's highest values and aspirations: the hard-won rights that define us as a people and the responsibilities that they entail. We pray for the moral strength that we may be guardians of these rights for ourselves and for the sake of all people, now and forever.

(adapted from Mishkan HaNefesh, CCARPress, p.270)

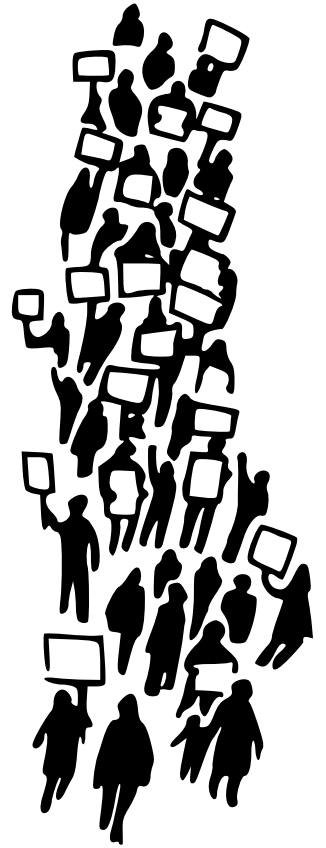


Singing for Our Lives

By Holly Near



We are a gentle, angry people
And we are singing, singing for our lives
We are a justice-seeking people
And we are singing, singing for our lives
We are young and old together
And we are singing, singing for our lives
We are a land of many colors
And we are singing, singing for our lives
We are gay and straight together
And we are singing, singing for our lives
We are a gentle, loving people
And we are singing, singing for our lives



Threshold

By Maggie Smith

You want a door you can be
on both sides of at once.
You want to be
on both sides of here
and there, now and then,
together and—(what
did we call the life
we would wish back?
The old life? The before?)
alone. But any open

space may be
a threshold, an arch
of entering and leaving.
Crossing a field, wading
through nothing
but timothy grass,
imagine yourself passing
from and into. Passing
through doorway after
doorway after doorway.

Times are a changin' By Bob Dylan

Come gather 'round people
Wherever you roam
And admit that the waters
Around you have grown
And accept it that soon
You'll be drenched to the bone
If your time to you is worth savin'
And you better start swimmin'
Or you'll sink like a stone
For the times they are a-changin'

Come writers and critics
Who prophesize with your pen
And keep your eyes wide
The chance won't come again
And don't speak too soon
For the wheel's still in spin
And there's no tellin' who
That it's namin'
For the loser now
Will be later to win
For the times they are a-changin'



Come senators, congressmen
Please heed the call
Don't stand in the doorway
Don't block up the hall
For he that gets urt
Will be he who has stalled
The battle outside ragin'
Will soon shake your windows
And rattle your walls
For the times they are a-changin'

Come mothers and fathers
Throughout the land
And don't criticize
What you can't understand
Your sons and your daughters
Are beyond your command
Your old road is rapidly agin'
Please get out of the new one
If you can't lend your hand
For the times they are a-changin'

The line it is drawn
The curse it is cast
The slow one now
Will later be fast
As the present now
Will later be past
The order is rapidly fadin'
And the first one now
Will later be last
For the times they are a-changin'

Shabbat
Shalom

Temple Ohev Sholom UPCOMING EVENTS

Sun	Feb 8	9:30 am	Religious School
		10 am	Learn to Play Mahjong
Wed	Feb 11	7 pm	Weekly Online Torah Study with Rabbi Jasper
Thu	Feb 12	6:00	Board of Trustees Meeting
Fri	Feb 13	6 pm	Shabbat Services
Sun	Feb 15	10 am	Learn to Play Mahjong Series
Mon	Feb 16		Office Closed – Presidents Day
Wed	Feb 18	7 pm	Weekly Online Torah Study with Rabbi Jasper
Fr	Feb 20	6 pm	Lay-led Shabbat Services
Sun	Feb 22	9:30 am	Religious School
		10 am	Learn to Play Mahjong Series
		noon	Book Club: Heart of a Stranger by Angela Buchdahl (2025)
		Noon	Better Together Program with Caitlin's Smiles
Mon	Feb 23	noon	Hamantaschen Making
Wed	Feb 25	7 pm	Weekly Online Torah Study with Rabbi Jasper
Fr	Feb 27	5:30	Pre-Shabbat Meal
		6 pm	Purim Shabbat
Sat	Feb 28	6 pm	Pre-Spiel Nosh
		7 pm	Purim Spiel: Megillah on the Roof
Sun	March 1		JCC Purim Community Carnival

DINNER & DRASH

Every week you're invited to jump online to learn more about the week's Parsha/Torah portion. Bring your dinner, bring your friends, and let's learn together!



PURIM '26 @



HAMANTASCHEN MAKING

Monday, Feb 23 @ noon

Special Family & Friends SHABBAT

Friday, Feb 27

Featuring our K-3rd graders

5:30 Dinner

6pm Services/Oneg

Wear your costume for a special Costume Contest!

FREE but please RSVP for Dinner

The USSJ is a proud member of the Lipsett Foundation of the Jewish Community Foundation of Greater Pittsburgh




Better Together

CONNECTING TEENS & SENIORS
5th Grade +



Having Fun Never Gets Old!

Megillah on the Roof

A Sing-A-Long Spiel

Saturday Feb 28

Nosh 6:30 pm

Spiel 7 pm

SPIEL



JOIN US SUNDAY, FEBRUARY 22 AT NOON

ALWAYS FUN! ALWAYS FREE!

FOR LUNCH & A SPECIAL PROGRAM

WITH CAITLIN'S SMILES

Please RSVP (QR code) for our Food Count





